



Valsts izglītības
attīstības aģentūra

Projektu pieteikumu veidlapu aizpildīšanas seminārs Nordplus Horizontālās apakšprogrammas projektu pieteikumu iesniedzējiem 2026

Projektu pieteikumu sagatavošana un iesniegšana Espresso sistēmā

2026.gada 13. janvārī , plkst. 10:00

VIAA Plašākas izglītības pieredzes departamenta
vecākais proj. vadītājs **Linards Deidulis**



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Nordplus 2026. gada projektu konkurss



- ✓ Paziņojums par 2026.gada Nordplus projektu konkursu [Nordplus oficiālajā portālā un VIAA mājaslapā](#)
- ✓ Projektu iesniegšanas termiņš - **2026.gada 2.februāris, 23:59 CET**



PS The deadline for applications is February 2, 2026!

Call for applications!

What's new 2025-10-10

The application for Nordplus 2026 opens November 3.

Your organization can then apply for grants within all sub-programmes:

- Nordplus Junior
- Nordplus Adult
- Nordplus Higher education
- Nordplus Horizontal
- Nordplus Nordic languages

It is also possible to apply for preparatory visits for projects aiming for Nordplus junior, Nordplus adult and Nordplus Nordic languages.

Jaunumi

Notikumu kalendārs
Foto un Video
Sabiedrības līdzdalība
Jaunumi e-pastā

Publicēts: 28.10.2025.



Tiešsaistes semināros informēs par Nordplus programmas 2026. gada konkursu



Valsts izglītības
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Semināra mērķis

Pievērst projektu sagatavotāju uzmanību būtiskākajiem tehniskajiem un saturiskajiem jautājumiem projekta pieteikuma sagatavošanas un iesniegšanas procesā Nordplus elektroniskajā sistēmā Espresso

<https://espresso.diku.no/>

- ✓ Uzsvāri prezentācijā balstās uz novērojumiem iepriekšējo gadu (2019.-2024.) projektu pieteikumu izvērtēšanas procesā, kā arī uz iepriekšējo konkursu laikā saņemtajiem projektu iesniedzēju jautājumiem.
- ✓ Prezentācijā minētais uzskatāms par pieredzē balstītiem ieteikumiem un priekšlikumiem. Obligātās prasības projektu iesniedzējiem norādītas [Nordplus oficiālajā portālā](#)



Nordplus



Norwegian Directorate
for Higher Education
and Skills

Espresso

Application and Reporting



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Vispārīgā informācija par Espresso sistēmu

Espresso sistēmas uzturētājs ir
Norvēģijas Augstākās izglītības un
kompetenču aģentūra HKDIR
(*Direktoratet for høgare utdanning og
kompetanse*), iepriekšējais nosaukums –
DIKU

<https://hkdir.no/>

Diku



Norwegian Directorate
for Higher Education
and Skills



Nordplus



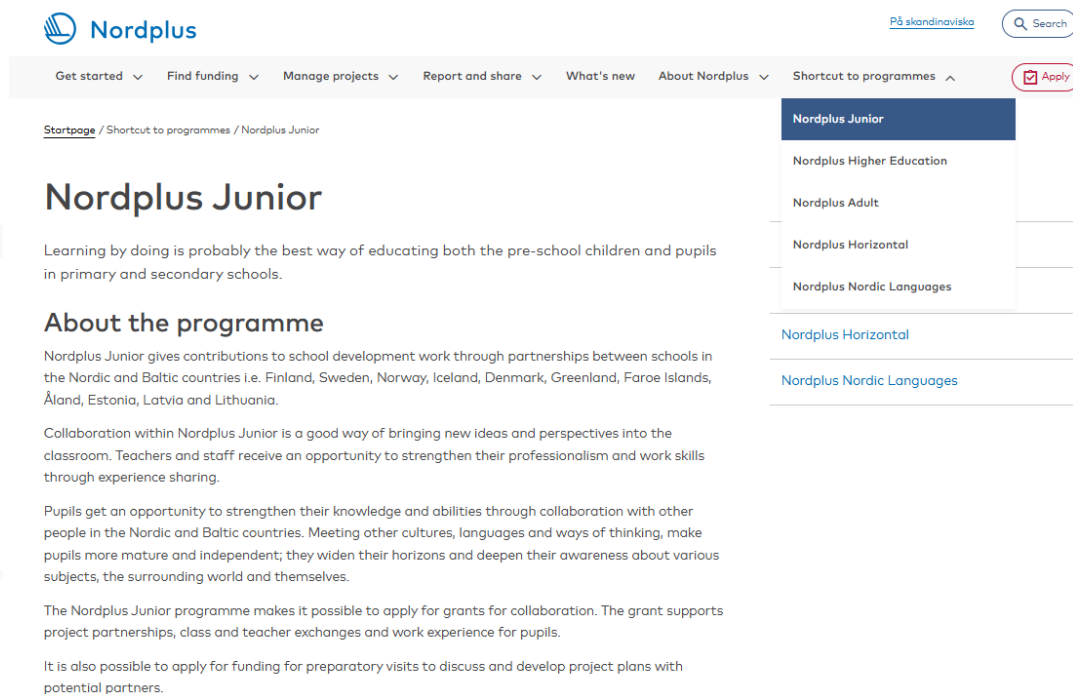
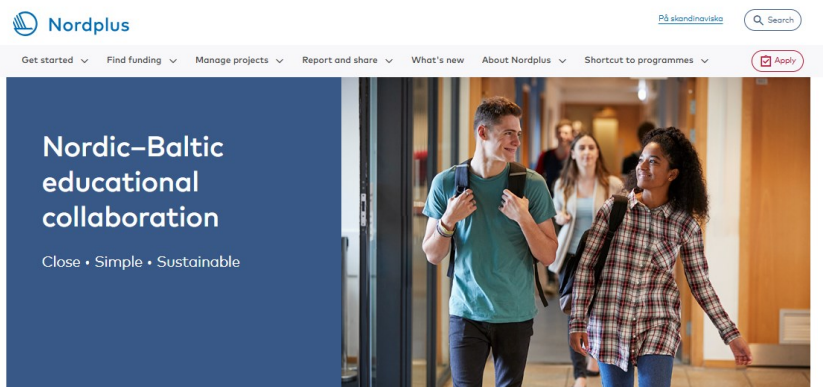
Valsts izglītības
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Kam ir jābūt zināmam, uzsākot veidlapas aizpildīšanu Espresso sistēmā?

- ✓ Projekta ideja – ko un kāpēc plānots darīt, kādi būs projekta paredzamie rezultāti un to ietekme.
- ✓ Kurā apakšprogrammā (*Junior, Adult, Horizontal...*) paredzēts iesniegt projektu?
- ✓ Kas būs projekta partneri, kādi būs viņu uzdevumi un ieguvumi projektā?

Nordplus oficiālais portāls

www.nordplusonline.org



**Projektu sagatavošanas un finansēšanas nosacījumi
2026. gada konkursam iekļauti katras
apakšprogrammas aprakstā**



Here you can read the [Nordplus Programme Document](#)

Nordplus 2023. – 27. darbības kopējais oficiālais apraksts, kurā definēti Nordplus mērķi

The general objectives for Nordplus 2023–2027 are to:

- strengthen and develop Nordic and Baltic co-operation on education, including early childhood and care, and help to create a Nordic–Baltic educational area,
- support, build on, reap the benefits of and promote innovative products and processes in education through the systematic exchange of experiences and good practice,
- contribute to the development of quality and innovation in the educational systems for lifelong learning in the participating Nordplus countries through co-operation in education and training, as well as co-operation with the labour market on development projects, exchange programmes and networking,
- enhance mobility for educational purposes and expand digital collaboration in education in the region,
- enhance opportunities for all, regardless of background and resources, to participate in regional educational collaboration and to gain new knowledge and skills based on collaboration between organisations,
- promote Nordic languages and culture and mutual Nordic-Baltic linguistic and cultural understanding,
- improve inter-Nordic language comprehension (primarily between Danish, Swedish and Norwegian), especially among children and young people,
- stimulate interest in and knowledge and understanding of the languages of the Nordic countries essential to society (Danish, Finnish, Faroese, Greenlandic, Icelandic, Norwegian, Sami and Swedish) and Nordic sign language, and
- revitalise national minority languages in the Nordic Region for cultural and inclusive purposes.

Nordplus 2023–2027

PROGRAMME DOCUMENT

1. Introduction


This *Programme Document* for Nordplus:

- is valid for the period of 1 January 2023 until 31 December 2027 and contains general guidelines and regulations for Nordplus,
- replaces the 2018–2022 programme and builds on the overarching objectives in the Nordplus programme periods of 2008–2012, 2012–2016 (2017) and 2018–2022,
- has been adopted by MR-U on 10.8.2022 in agreement with the Baltic states of Estonia, Latvia and Lithuania and after consultation with the Nordic Council,
- addresses the goals adopted for Nordplus and the five sub-programmes, which consist of the inter-sectoral *Nordplus Horizontal* and the four sectoral programmes *Nordplus Junior*, *Nordplus Higher Education*, *Nordplus Adult* and *Nordplus Nordic Languages*,
- describes the target groups and who is eligible to take part in Nordplus, the programme activities, guidelines for the Nordplus Programme Committee, regulations for the Nordplus administration and the general regulations for monitoring and evaluating the programme,
- describes the management structure and allocation of responsibilities for Nordplus between the Council of Ministers for Education and Research (MR-U)/the Committee of Senior Officials for Education and Research (EK-U), the Programme Committee for Nordplus, the Nordplus administration, including the main co-ordinator and other administrative staff, and the Nordic Council of Ministers' Secretariat,
- describes the basis and frameworks for the annual call for applications for programme funding.

https://tapportals.mk.gov.lv/attachments/legal_additional_documents/1dd3a177-d24d-4294-bf065eb69407b33/download

Semināru prezentācijas un ieraksti

<https://www.viaa.gov.lv/lv/nordplus-2025-gada-pasakumi>



Valsts izglītības
attīstības aģentūra

[Par mums](#) [Darbības virzieni](#) [Aktualitātes](#) [Klientiem](#) [Kontakti](#)

[Meklēt](#) [Language](#) [Piekļūstamība](#)

[Sākums](#) > [Darbības virzieni](#) > [Nordplus](#) > [Pasākumu materiāli](#) > [Nordplus 2025. gada pasākumi](#)

Latvijas Skolu jaunatnes dziesmu
un deju svētki

Valsts valodas prasmes pārbaude

Vides izglītība

Vispārējā izglītība

Interesu izglītība

Pieaugušo izglītība

Profesionālā izglītība

Speciālā izglītība

Valsts pārbaudes darbi

Atbalsts audzināšanas darbībai

Atbalsts skolēnu izcilībai

Atbalsts pedagogiem

Erasmus+

EEZ un Norvēģijas granti

Šveices – Latvijas programma

Nordplus

Eurydice

Nordplus 2025. gada pasākumi

▶ Atskaņot tekstu

Publicēts: 16.01.2025.

👉 Tabulu iespējams pabaidīt!

| Laiks | Temats | Mērķgrupa | Organizatori | Norises vieta | |
|-------------|---|----------------------------------|--------------|----------------------|--|
| 19.11.2025. | Seminārs par projektu pieteikumu sagatavošanu Augstākās izglītības apakšprogrammā 2026. gada projektu konkursam | Potenciālie projektu iesniedzēji | VIAA | Tiešsaistes seminārs | [C] [Y] |
| 12.11.2025. | Seminārs par projektu pieteikumu sagatavošanu Horizontālajā un Ziemeļvalstu valodu apakšprogrammā 2026. gada projektu konkursam | Potenciālie projektu iesniedzēji | VIAA | Tiešsaistes seminārs | [C] [Y] |
| 11.11.2025. | Seminārs par projektu pieteikumu sagatavošanu Pieaugušo izglītības | Potenciālie projektu | VIAA | Tiešsaistes | [C] |

Projektu pieteikumu vērtēšanas kritēriji Nordplus portālā

<https://nordplusonline.org/apply-for-funding/apply/criteria-for-application/>



Get started ▾ Find funding ▾ Manage projects ▾ Report and share ▾ What's new About Nordplus

[Startpage](#) / [Find funding](#) / [Apply](#) / Criteria for application

Criteria for application

Here you will find information on the formal eligibility criteria that each application must meet in order to be considered for funding. Subsequently, you will find information on the qualitative criteria by which applications are assessed, as well as information on the most important things to remember before submitting an application.

Assessment of eligibility

The following criteria must be met in order for the application to be considered for funding in Nordplus. Please note that special conditions may be in the individual sub-programmes.

- The application must be submitted electronically using the Espresso application system within the application deadline.
- The application must be written in Danish, Norwegian, Swedish or English.
- All the necessary appendices must be included - Letter of Intent (LOI) and, if relevant, budget.

<https://nordplusonline.org/apply-for-funding/apply/what-is-considered-a-good-application/>

Generally, a good application should

- Describe objectives and expected outcome
- Describe the activities to be carried out
- Describe the distribution of tasks and responsibilities between partners
- Be well argued according to the programme objectives
- Define the added value of the project for partners and others
- Have a realistic budget in relation to the funds available
- Define the targets for disseminating the results
- Demonstrate integration of the activities in the respective institutions/organisations

Izmaiņas Horizontālās apakšprogrammas nosacījumos no 2025. gada

- **!** No 2025. gada organizācija var iesaistīties (gan kā koordinators, gan kā partneris) **ne vairāk kā divos sadarbības projektos**. Izņēmums ir **augstskolas** un **koledžas**, kurām nav šādu ierobežojumu.
- **Koordinatoram ir jāpievērš partneru uzmanība šai prasībai.**

Limited number of applications

From 2025, the same organisation can be involved in maximum two applications for Nordplus Horizontal projects as coordinator and/or partner per call. NB! Universities and university colleges are exempt from this rule.

If an organisation is involved in more than two applications as coordinator and/or partner for Nordplus Horizontal projects for the same call, the first two submitted applications will be evaluated, and the rest of the applications will be assessed as ineligible.

The coordinator is responsible for checking that the partnership complies with the limit on submitted number of applications per organisation for Nordplus Horizontal projects.

This limit only applies to Nordplus Horizontal applications, i.e. the limit does not apply to applications submitted to the other Nordplus sub-programmes.

Atgādinājums projekta pieteikuma veidlapā, sadaļa 2.1.




Valsts izglītības
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Projekta pieteikuma sagatavošana un iesniegšana Espresso sistēmā

✓ <https://espresso.hkdir.no/>

Reģistrācija
Espresso
sistēmā.

 Norwegian Directorate
for Higher Education
and Skills

Espresso
Application and Reporting

Login

Login

Please log in with user name (e-mail address) and password

If you have previously used HK-dir's online services, you can use the same user name and password as before.

If you experience technical problems with registration or login, please use our [support](#) page.

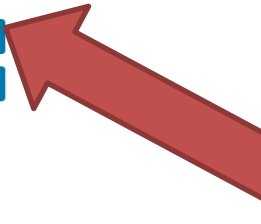
Username

Password

Login

Register new user

Forgot password






Valsts izglītības
attīstības aģentūra



Projekta iesniegšana Espresso sistēmā

<https://espresso.hkdir.no/>


✓ Svarīgi!
Pārdomājam, ar
kādu e-pasta
adresi
reģistrēsimies!



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and Skills

Espresso

Application and Reporting



Help

Given/First name

Family/Last name

E-mail

Confirm e-mail

Register



Valsts izglītības
attīstības aģentūra

Projekta iesniegšana Espresso sistēmā



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and Skills

Espresso
Application and Reporting



linards.deidulis@gmail.com

Help

My account

Logout

Home

HK-dir application and reporting

Welcome to HK-dir's application and reporting system. Please choose your actions from the menus below.

Programmes open for new applications

This section lists programmes currently open for new applications.
Click the programme name to get a list of open call for proposals for each programme.
After creating a new application, you can continue working on it under "My applications".

> Den norske UNESCO-kommisjonens tilskuddsordning

> Erasmus Plus Project Development

> Frankrikeprogrammet

> Nansen EDU

> Nordplus

> Utviklingsmidler til høyere yrkesfaglig utdanning




Nordplus



Valsts izglītības
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Projekta iesniegšana Espresso sistēmā

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and Skills**

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Application and Reporting

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[Help](#) [My account](#) [Logout](#)

Home > Nordplus

 **Nordplus****Available application forms**

This section lists available application forms for this programme.

Nordplus Adult 2026
This application form is available between Nov 3, 2025 9:00 AM and Feb 2, 2026 11:59 PM.
Use the link below to create a new application, or continue working with an existing application under "My Applications".
The call for application may be found [here](#).
[Click here to create a new application](#)**Nordplus Higher Education 2026**
This application form is available between Nov 3, 2025 9:00 AM and Feb 2, 2026 11:59 PM.
Use the link below to create a new application, or continue working with an existing application under "My Applications".
The call for application may be found [here](#).
[Click here to create a new application](#)**Nordplus Junior 2026**
This application form is available between Nov 3, 2025 9:00 AM and Feb 2, 2026 11:59 PM.
Use the link below to create a new application, or continue working with an existing application under "My Applications".
The call for application may be found [here](#).
[Click here to create a new application](#)**Nordplus Nordic Languages 2026**
This application form is available between Nov 3, 2025 9:00 AM and Feb 2, 2026 11:59 PM.
Use the link below to create a new application, or continue working with an existing application under "My Applications".
The call for application may be found [here](#).
[Click here to create a new application](#)**Nordplus Horizontal 2026**
This application form is available between Nov 3, 2025 9:00 AM and Feb 2, 2026 11:59 PM.
Use the link below to create a new application, or continue working with an existing application under "My Applications".
The call for application may be found [here](#).
[Click here to create a new application](#)

✓ Izvēlamies
apakšprogrammu
✓ !! Attiecīgā veida
projektu rakstām
**atbilstošajā
veidlapā!!**





Valsts izglītības
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Projekta iesniegšana Espresso sistēmā

- ✓ Varam dot iespēju kolēģiem no mūsu un partneru organizācijām lasīt, vai papildināt un rediģēt projekta pieteikuma tekstu

Nordplus Horizontal - Application 2026
NPHZ-2026/10016 - Linards_Test_application2026

1.Start 2.Institutions 3.Project description 4.Budget 5.Check list 6.Submission

Basic information

1.1. Project information

Give your project/application a title.

Project title *

Linards_Test_application2026

Project number

NPHZ-2026/10016

1.2. Project access

Here you can choose who should have access to the application. The person who should have access to the application needs to register/create an account in Espresso. Then you can choose this person from the list of registered users.

Editor access

Editor access means that the person you give access to can make changes in the application.

Search for user by email address

Search

Read only access

Read only access means that the person that you give access to can read everything in the application, but not make changes.

Search for user by email address

Search



Valsts izglītības
attīstības aģentūra

Ievadītā teksta saglabāšana

Save

Save and Close

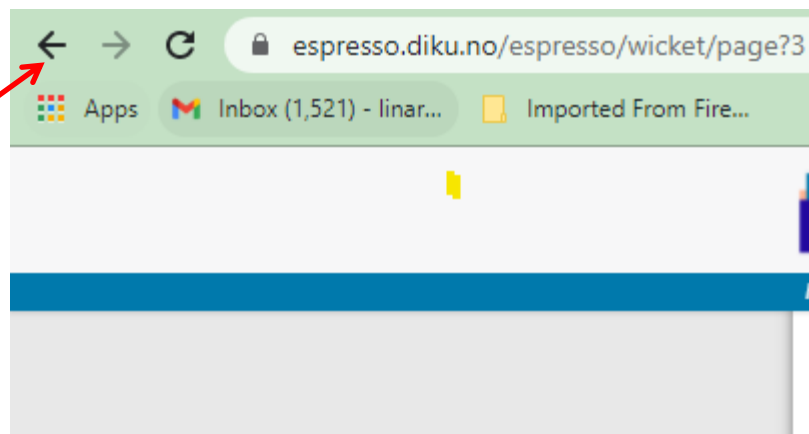
Cancel

* If you use the BACK button, all unsaved changes on the current page is lost.

The current page is saved automatically when navigating between the sections, or by using the Save button at the bottom of the page

Vienmēr nospiežam
pēc informācijas
ievadīšanas

Nekad nespiežam
"Back" veidlapas
aizpildīšanas gaitā!



**Nelietojam Espresso lapas
automātisko tulkošanu
latviski!**



Valsts izglītības
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Nordplus Horizontal - Application 2026

NPHZ-2026/10016 - Linards_Test_application2026

1.Start

2.Institutions

3.Project description

4.Budget

5.Check list

6.Submission

Institutions

2.1.Coordinating institution

2.2.Partner institutions

2.3.Letter of Intent (LOI)

Coordinating institution

Limited number of applications

From 2025, the same organisation can be involved in maximum two applications for Nordplus Horizontal projects as coordinator and/or partner per call. NB! Universities and university colleges are exempt from this rule.

If an organisation is involved in more than two applications as coordinator and/or partner for Nordplus Horizontal projects for the same call, the first two submitted applications will be evaluated, and the rest of the applications will be assessed as ineligible.

The coordinator is responsible for checking that the partnership complies with the limit on submitted number of applications per organisation for Nordplus Horizontal projects.

This limit only applies to Nordplus Horizontal applications, i.e. the limit does not apply to applications submitted to the other Nordplus sub-programmes.

2.1.1. Registration of coordinating institution

Register the coordinating institution. Please, first search among the registered institutions to check whether your institution is already in the system (you can search by part of the institution name). If you cannot find your institution, please register it by pressing "Add institution". If the institution that you register will participate in new projects in the future, it can be found in the database.

Coordinating institution

Add institution

Add institution

Coordinating institution: *

Please choose type of institution. If you can't find the correct type, choose "Other" and specify when you describe the institutions under "Project description".

Type of institution *

Choose one

Atgādinājums par nosacījumu līdzdalībai sadarbības
projektos – maks. 2 projekti; šis ierobežojums



Valsts izglītības
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Nepieciešams no datubāzes
izvēlēties un pievienot
koordinatoru un partneru
organizācijām. Ja
organizācijas vēl nav
reģistrētas datu bāzē, to var
izdarīt šajā brīdī

Visām iesistītajām
organizācijām sistēma
ģenerē apliecinājuma
vēstules, kuras jāparaksta
attiecīgo
organizāciju/iestāžu
paraksttiesīgajām
personām, jāieskanē un
jāpievieno pieteikumam



Nordplus

Nordplus Horizontal - Application 2026
NPHZ-2026/10016 - Linards_Test_application2026

1.Start 2.Institutions 3.Project description 4.Budget 5.Check list 6.Submission

Institutions

2.1.Coordinating Institution 2.2.Partner institutions 2.3.Letter of Intent (LOI)

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... 2.1.1. Registration of coordinating Institution ...

Register the coordinating institution. Please, first search among the registered institutions to check whether your institution is already in the system (you can search by part of the institution name). If you cannot find your institution, please register it by pressing "Add institution". If the institution that you register will participate in new projects in the future, it can be found in the database.

Coordinating Institution
Add institution

Coordinating Institution: *

Please choose type of institution. If you can't find the correct type, choose "Other" and specify when you describe the institutions under "Project description".

Type of institution *

... 2.1.2. Unit ...

If relevant for your institution, please register unit.

Unit coordinating Institution

... 2.1.3. Legal person ...

Click "Edit" to register legal person for your institution. The legal person is the person who can establish contracts on behalf of the institution.

| Name | E-mail | Action(s) |
|----------------------|----------------------|-------------------------------------|
| <input type="text"/> | <input type="text"/> | <input type="button" value="Edit"/> |

... 2.1.4. Contact person ...

Click "Edit" to register a contact person for the project. The contact person is the person at the coordinating institution who will receive information from Nordplus regarding the project/application.

| Name | E-mail | Action(s) |
|----------------------|----------------------|-------------------------------------|
| <input type="text"/> | <input type="text"/> | <input type="button" value="Edit"/> |

Ja projektu finansēs, norādītās
kontaktpersonas vārds, uzvārds
un e-pasta adrese būs publiski
pieejami Nordplus projektu
datubāzē



Valsts izglītības
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Par kontaktpersonas e-pasta adresi

- ✓ Uz šo e-pastu tiks nosūtīta informācija par projektu konkursa rezultātiem;
- ✓ Ja projekts tiks finansēts, tā būs publiski pieejama Nordplus projektu datubāzē;
- ✓ Nepieciešamības gadījumā to saziņai izmantos Pieaugušo izglītības apakšprogrammas galvenais administrators.

Norwegian Directorate for Higher Education and Skills | Espresso | Application and Reporting

linards.deidulis@gmail.com | Help | My account | Logout

Home > Document editor

Press "edit" to register legal person for your institution. Legal person means the person at your institution that can sign a contract on behalf of the institution.

| Name | E-mail | Action(s) |
|------|--------|----------------------|
| | | Edit |

2.1.4. **Contact person**

Press "edit" to register the contact person for the project. The contact person is the person at the coordinating institution who will receive information from Nordplus regarding the project/application.

| Name | E-mail | Action(s) |
|------|--------|----------------------|
| | | Edit |

[Save](#) [Save and Close](#) [Cancel](#)

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Home > Document editor >

Contact person - Coordinating institution

You can search for the persons email to check if the person has a registered user in Espresso. The person need to register a new user with this email if you don't get a match.

[Search](#)

Personal data

First name *

Last name *

E-mail *

Phone number *

[Save](#) [Cancel](#)



Valsts izglītības
attīstības aģentūra

- ✓ Noteikti jāpārliedzinās, vai partneru organizācija jau iepriekš nav reģistrēta Espresso sistēmā

Angļu valodā jāizmanto tāds partneru organizācijas nosaukums, kādu organizācija pati lieto.

! Pēc partneru datu ievadīšanas sistēma ģenerē **partneru apliecinājuma vēstules**, kuras jāizdrukā, jāparaksta, jāieskanē un jāpievieno projekta pieteikumem (skat. 6. sadaļu)





Valsts izglītības
attīstības aģentūra

1.Start

2.Institutions

3.Project description

4.Budget

5.Check list

6.Submission

Information about the project

3.1.General information

3.2. Background and project aim

3.3.Project activities

3.4. Results and dissemination

General information

3.1.1. General description of the project

Summary of the project (250 words max) *

Please give a short description of the content of the project/collaboration. This description will be used as information for the programme committee, the Nordic Council of Ministers and similar. It might be published on www.nordplusonline.org, where we publish information about all projects that receive grants.

B I U H1 H2 H3 H4

3.1.2. Project theme

Please select the theme which you find most representative for your project. You must choose among the themes listed below and you can choose one theme only. If none of the themes listed are representative for your project, please choose "Other". The themes are generally universal in the sense that they are broad and can be used to cover all Nordplus programmes across sectors and types of applications. Please note that the registration is meant for statistical purposes only, allowing the administration to identify and communicate the issues and fields addressed by the applications that are granted under Nordplus each year. The themes should not be seen as programme priorities and the registration is not used in the assessment of the application.

For more information see [description of project themes](#)

Choose a theme *

Choose one

Kopsavilkumam jārada
skaidrs priekšstats par
projekta ieceri,
nepieciešamību,
rezultātiem un ietekmi



Valsts izglītības
attīstības aģentūra

Kopsavilkums – publiski pieejama projekta daļa

Teens Without Screens: Developing Tools For Social Interaction Through Arts

Main partner(s):

Latvian Christian Academy (LV, University)

Contact: Soloveja-Dreiblathena, Beata
(bsoloveja@gmail.com)

Other partners:

Kaunas College (LT, University)

Majoru vidusskola (LV, Primary/secondary school)

Diakonia College of Finland (FI, University)

Latvian Ballet and Dance Guild (LV, Foundation)

Application Summary

Taking in notice World Health Organisation data (2019) on public health of teenagers and behavioural addiction to electronic devices, and PEW Research Centre data (2019) that 97% of teen boys and 83% of girls play games on some kind of device, the main purpose of the project is to develop innovative guidance (Toolkit) for teachers and educators working with teenagers in order to reveal to young people alternative ways of creative initiatives and communication at school's daily activities. We consider use of IT in teaching and learning process as positive. Our concern is about overspending time in internet as it may leave negative impression on immature psyche of teenager.

We propose integration of several forms of arts – visual art, drama, ballet – as a way of captivating and fascinating young people for involvement in social (non-virtual) interaction. Teachers can guide young people in alternative ways for socializing according to the needs of healthy psychological, mental and spiritual growth of personality. The guidance will be developed by interdisciplinary and cross-sectoral team: university teachers, professional artists, secondary school teachers, art therapists, youth educators, specialists of psychology, anthropology and theology working on the common idea.

Project aims to develop: 1) Arts-Integration Toolkit for Teachers "Teens Without Screens", 2) piloting the Toolkit as a guidance for teachers in Secondary School integrating arts into everyday school life; 3) To present in practical Conference the results of application of Toolkit for educators and policy makers to rise public interest on the growing problem of internet addiction among youth. By activities and dissemination of results the project is reaching Nordplus general and Nordplus Horizontal aims in a sustainable network on the Nordic-Baltic cooperation in education.

Finansētu projektu
kopsavilkumi pieejami
Nordplus projektu
datubāzē

Pieejama arī informācija
par piešķirto grantu,
projekta īstenošanas
periodu, koordinatora un
partneru nosaukumi,
projekta numurs,
kontaktpersona un e-
pasta adrese



Valsts izglītības
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Kopsavilkums – publiski pieejama projekta daļa

Report Summary

The main purpose of project was to develop innovative guidances (Toolkit) for teachers and educators working with teenagers and young people to create alternative ways how to resolve addiction from gadgets, about what clinicians, educators, parents are alarming concerns. Latvian Christian Academy with partnership with Kaunas University of Applied Sciences (LT), Theatrum Olga of Finnish Deaconal College (FI), Latvia Ballet and Dance Guild and Jurmala Majori Secondary School (LV) by integrative, cross-sectoral and interdisciplinary perspective has developed:

- 1) Arts-Integration Toolkit for Teachers ("Teens Without Screens");
- 2) 2-days Training Course for Teachers and Youth Educators in Kaunas (January 10-12, 2022);
- 3) piloted the Toolkit as a guidance in Jurmala Majori Secondary School - how to integrate arts in every-day school life;
- 4) presented results in Practical Conference for Teachers and Educators (June 7-8, 2022);
- 5) created sustainable, cross-sectoral Network and platform for strengthening Nordic-Baltic cooperation on education, reaching Nordplus Horizontal aims for innovative in-service training and further education for teachers using new teaching methods.

| | |
|----------------------------|--------------------------|
| Programme: | Nordplus Horizontal |
| Call: | Nordplus Horizontal 2020 |
| Project ID: | NPHZ-2020/10073 |
| Year of allocation: | 2020 |
| Period: | Jun 2020 - Jun 2022 |
| Project Status: | Completed |
| Allocation: | 24 100 EUR |



Valsts izglītības
attīstības aģentūra

Jānorāda iepriekšējie
Nordplus projekti,
kā arī citi Nordplus
projektu iesniegumi
šim konkursam (ja
tādi ir).

Iepriekšējie projekti
neietekmē konkrētā
projekta pieteikuma
vērtējumu, ja
jaunā projekta
iecere ir atšķirīga



Contract period *

In Nordplus Horizontal a project can last for 1 or 2 years. The contract period follows the school/academic year, which starts and ends in August each year. The contract period decides when you must submit your final report. The final report must be submitted at the latest one month after the end of the contract period. This means that you must submit the final report during September the year the contract period ends.

- ☐ 1 year project (ends August 2027)
☐ 2 years project (ends August 2028)

Activity period *

The activity period means the time span of your planned activities. Normally the activity period follows the whole contract period. If your planned activities do not stretch out for the whole/does not follow the whole contract period, please specify the period/timeline for the planned activities.

The activities cannot start before 1 May 2026. Nordplus do not support activities that have been carried out before the project has been approved. This means that Nordplus Horizontal accept activities taken place from 1 May 2026. Your activities can not take place after the end of the contract period.

Projects in Nordplus Horizontal can last for maximum two years. Both the contract- and activity period can end no later than 31 August 2028.

From date (dd.mm.yyyy)



To date (dd.mm.yyyy)



... 3.1.4. Earlier/other Nordplus projects

Previous Nordplus activities *

Has the network previously been granted support from Nordplus? If yes, state the project ID and/or explain.
The network is defined as new if at least 50 % of the participating institutions are new.

- ☐ No
☐ Yes

Nordplus applications in this round *

Is this project related to another Nordplus project in this application round? If yes, state the project ID and/or explain.

- ☐ No
☐ Yes



Valsts izglītības
attīstības aģentūra

Visiem aprakstiem
jābūt
izsmeļošiem, taču
iespējami
koncentrētiem

Nordplus Horizontal - Application 2026
NPHZ-2026/10016 - Linards_Test_application2026

1.Start 2.Institutions 3.Project description 4.Budget 5.Check list 6.Submission

Information about the project

3.1.General information 3.2. Background and project aim 3.3.Project activities 3.4. Results and dissemination

Background and project aim

... 3.2.1. Aim and content

Project aim *

Describe the specific aims of the project. What do you want to achieve with the initiative? The aims should be described on different levels, e.g. participant level, organization level and sector/regional level. Max 200 words.

B I U H1 H2 H3 H4 A

0 / 1400

Background *

Describe the broader context of your initiative. What is the background and motivation for the project? The project can relate to e.g. specific needs or challenges of participants, be motivated by previous initiatives or specific priorities and focus areas of the organizations. Max 200 words.

B I U H1 H2 H3 H4 A

0 / 1400

... 3.2.2. Project partners and their contribution

Presentation of project partners and their contribution

Present each participating institution and describe in what capacity the organisations participate in the project – i.e. the particular expertise of each organisation and their role and contribution to the project. How will the project be anchored at each institution? (Max 100 words per partner)

B I U H1 H2 H3 H4 A

Sectors *

Which sectors are involved in the project? Cooperation within Nordplus Horizontal must consist of partners from at least two different sectors. Choose those sectors which best suit your project.
For more information, see Nordplus Handbook, chapter 5.

☐ Higher education
☐ Adult learning
☐ Primary/secondary/upper secondary Schools
☐ Preschool/Kindergarten
☐ Public sector
☐ Private sector



Valsts izglītības
attīstības aģentūra

Šī ir ļoti būtiska sadaļa –
te jāparāda projekta
starpsektorālā būtība

Projekta pasākumi
(sanāksmes, semināri,
konferences, publikāciju
sagatavošana....)

Cross-sectoral relevance

One of the goals for Nordplus Horizontal is to increase cross-sectoral cooperation. Give a short description of why the project is relevant for more than one sector. Max 200 words.

Nordic/Baltic added value *

Explain why you wish to carry out this initiative in a Nordic/Baltic context as opposed to a strictly national context. What is the added value of this transnational initiative and what are the specific benefits for the project working with organizations from other Nordic/Baltic countries? Max 200 words.

3.1. General information | 3.2. Background and project aim | **3.3. Project activities** | 3.4. Results and dissemination

Project activities

... 3.3.1. Project activities ...

Present a structured activity plan for the full project period, which clearly demonstrates what is to be done, when it will be done, who is responsible and what the expected outcome will be. It must be presented in the form of a timeline structured in different stages/milestones or work phases below.

Activity plan

Register the main activities in your project here and state when you plan to carry them out.
The overview of the activities should correspond to the activities listed in the attached budget.

Add work package

| Work package * | Activity * | Start year * | Start month * | End year * | End month * | Action(s) |
|----------------|------------|--------------|---------------|--------------|--------------|---|
| 1 | | Choose one ▼ | Choose one ▼ | Choose one ▼ | Choose one ▼ | <button>Add activity</button> <button>Delete</button> |
| 2 | | Choose one ▼ | Choose one ▼ | Choose one ▼ | Choose one ▼ | <button>Add activity</button> <button>Delete</button> |

Description *

Please describe the activities to be carried out in the project specifying in what way the activities support the project aims explained under 3.2.

... 3.3.2. Type of activity ...

Type of activities *

What type of project/activities are you applying support for? You can choose more than one type to describe your project.

☐ Clarification/analysis of a topic
☐ Conferences



Valsts izglītības
attīstības aģentūra

✓ Reālistiski, projekta saturam un aktivitātēm atbilstoši novērtēšanas pasākumi.

✓ Jāsniedz **detalizēts paredzamo rezultātu apraksts**;

✓ Iespējami konkrēti jānorāda informācijas izplatīšanas kanāli (weblapas, plašsaziņas līdzekļi, iespējamie pasākumi);

| 3.1. General information | 3.2. Background and project aim | 3.3. Project activities | 3.4. Results and dissemination |
|---|---------------------------------|-------------------------|--------------------------------|
| Results and Dissemination | | | |
| Evaluation and risk assessment* | | | |
| <p>Present your plan for evaluation of the project and its results. Specify the aspects of the project that you want to evaluate and the means you will use. The evaluation could e.g. include questionnaires, interviews, testing, thematic debates etc. It should focus on outcomes for the target group, the functionality of ev. products, the cooperation between project organisations and the partnership composition etc.</p> <p>Please note that a project should be continuously monitored and evaluated during the project period. This makes it possible to adjust activities and tasks in the project and hereby achieve the most optimal results. For this purpose a risk assessment can be a fruitful tool. Max 200 words.</p> | | | |
| <div>0 / 1400</div> <div>B I U H1 H2 H3 H4</div> | | | |
| Results* | | | |
| <p>Describe the expected results and outcomes of the project. The results can be given at participant level, at organisation level and at sectorial/regional level. Who will be affected and how – in concrete terms, how do e.g. the learners, the teachers and the management benefit from the project? For development projects and mapping projects describe in particular the products to be developed (courses, modules, teaching materials, methods and mapping reports). Outline the content, design and purpose of the individual product, specifying how it is to be used by whom and for whom (target groups). Max 200 words.</p> | | | |
| <div>0 / 1400</div> <div>B I U H1 H2 H3 H4</div> | | | |
| Dissemination* | | | |
| <p>Present your plan for the dissemination of results and project experiences both during the project period and after the project has ended. Describe the target groups for your dissemination and the means you will use to reach them, e.g. presentations at meetings, seminars and conferences, articles in newspapers or professional magazines, open house events, distribution of folders and publications etc. The dissemination plan should include dissemination to external actors outside the partnership at regional, national and/or Nordic/Baltic level. Max 200 words.</p> | | | |
| <div>0 / 1400</div> <div>B I U H1 H2 H3 H4</div> | | | |



Nordplus



Valsts izglītības
attīstības aģentūra

Projekta budžets

Projekta budžetu veido Excel
veidlapā, pēc tam šeit ieraksta
kopsavilkumu

«Extraordinary support» -
Jāsniedz pamatojums, ja
plānota samaksa par darbu

1.Start

2.Institutions

3.Project description

4.Budget

5.Check list

6.Submission

Budget

4.1. Budget

Please use the Nordplus budget template. It can be downloaded under 4.2 Attachment.
When the budget template is filled out, the sums must be transferred to the table below. The budget must then be uploaded as an attachment to the application.

Budget

Note that the support for Project and network activities should not include work hours, that should be applied for under Extraordinary Project support and motivated accordingly in the application.

| EUR - Euro | Nordplus contribution |
|--------------------------------|--------------------------------|
| Activity | |
| Project management | <input type="text" value="0"/> |
| Travel and subsistence | <input type="text" value="0"/> |
| Project and network activities | <input type="text" value="0"/> |
| Extraordinary project support* | <input type="text" value="0"/> |
| Inclusion support | <input type="text" value="0"/> |
| SUM - Activity | <input type="text" value="0"/> |
| Total | <input type="text" value="0"/> |

Update sums

*Justification of extraordinary project support

Important: If the application includes support for extraordinary, organizational support beyond the fixed rates for project management, the need must be explained and justified as this support is granted only for the exceptional cases. This support is intended for:

- a) extraordinary projects which are extensive, research-based and/or labor intensive
- b) particularly expensive travel and/or accommodation costs
- c) other reasons

B I U

H1 H2 H3 H4

A



Valsts izglītības
attīstības aģentūra

Lejuplādējama veidlapas 4.2.sadaļā («Attachment»)

Projekta budžets – Excel veidlapa

4.2. Attachment

Mandatory attachments include:

- A detailed budget for the project (please use this template: **Nordplus budget model**)
- Signed Letters of Intent (LOIs) from ALL participant institutions

File upload

Choose a file to upload

Current files on document:

No attachments

Upload

4.3. Bank information



Budget for projects and networks, Nordplus Horizontal and Nordplus Nordic Languages
Annex to the 2026 application

To be completed for each activity applied for in the Espresso application

Nordic Languages/Horizontal Project and Networks budget form

| | | |
|---------------------------------|---------------|---|
| Project number: | | as indicated in section 1.1 or 1.2 in the application |
| Number of active organisations: | select number | in this project/network |

Budget summary of a project or network meetings

based on inserted data. [Use these amounts in the Espresso application!](#)¹

| | |
|--|-----|
| Project Management | 0 € |
| Travel & subsistence: | 0 € |
| Project or network activities | 0 € |
| Extraordinary project support, if justified: | 0 € |
| Inclusion Support: | 0 € |
| Maximum amount: | 0 € |

Travel & subsistence

| Travel | Purpose of travel | From country | To country | Domestic travel ³ | Number of partici- | International travel & | and domestic travel in | Domestic travel & |
|--------|-------------------|--------------|------------|------------------------------|--------------------|------------------------|------------------------|-------------------|
|--------|-------------------|--------------|------------|------------------------------|--------------------|------------------------|------------------------|-------------------|



Make sure to click on “Enable Editing” at the top if applicable

HOW TO COMPLETE THE FORM

Yellow fields are obligatory

Please insert information and data in yellow cells. Other cells are locked.

Unit rates are on the sheet: Unit costs

The division into Project Management, Travel & subsistence, Project or networks activities and Extraordinary Project Support should be used in the Espresso application.

¹ The used/applied amounts in Espresso should in most cases be identical, as instructed in Espresso and the handbook, but they may be lower if preferred by the applicant. In any case, the applied amounts in Espresso must not be higher than the calculated amount in the budget model.

Project Management

A fixed sum based on the number of active partners in the project that is being applied for. The project coordinator (the partner that is responsible for the application) receives 4000 € and each partner receives 2000 €. The maximum number of project partners that can



Valsts izglītības
attīstības aģentūra

Projekta budžets – Excel veidlapa



Budget for projects and networks, Nordplus Horizontal and Nordplus Nordic Languages

Annex to the 2026 application

To be completed for each activity applied for in the Espresso application

Nordic Languages/Horizontal Project and Networks budget form

Project number: NPHZ-2026/10016

as indicated in section 1.1 or 1.2 in the application

Number of active organisations: 5

in this project/network

Budget summary of a project or network meetings

based on inserted data. [Use these amounts in the Espresso application!](#)¹

Project Management 12 000 €

Travel & subsistence: 6 050 €

Project or network activities 0 €

Extraordinary project support, if justified: 0 €

Inclusion Support: 0 €

Maximum amount: 18 050 €

Menedžmenta izmaksas
parādās automātiski, ievadot
partneru skaitu





Valsts izglītības
attīstības aģentūra

Projekta budžets – Excel veidlapa

Budget summary of a project or network meetings

based on inserted data. Use these amounts in the Espresso application!¹

| | |
|--|----------|
| Project Management | 12 000 € |
| Travel & subsistence: | 6 050 € |
| Project or network activities | 500 € |
| Extraordinary project support, if justified: | 0 € |
| Inclusion Support: | 0 € |
| Maximum amount: | 18 550 € |

Travel & subsistence

| Travel no. | Purpose of travel and justification of domestic travel, if applicable ² | From country | To country | Domestic travel? ³ | Number of participants | 350 € | | |
|------------|--|--------------|------------|-------------------------------|------------------------|--------------------------------------|---------------------------------|-------------------------------|
| | | | | | | International travel & subsistence € | and domestic travel in addition | Domestic travel & subsistence |
| 1 | Meeting 1 | Norway | Latvia | Yes | 2 | 1 260 € | 350 € | |
| 2 | Meeting 1 | Sweden | Latvia | No | 2 | 1 260 € | | |
| 3 | Meeting 1 | Lithuania | Latvia | No | 2 | 1 260 € | | |
| 4 | Meeting 1 | Iceland | Latvia | No | 2 | 1 920 € | | |

Ierakstām starptautisko pasākumu nosaukumus, valstis, dal.skaitu utt. – summas tiek sarēķinātas automātiski

Te summas ierakstām pašī

Project or network activities

| Activity No. | Please name the project or network activities applied for ⁴ | Please explain the activity that is being applied for | The Amount applied for € |
|--------------|--|---|--------------------------|
| 1 | Seminar | Rent of premises | 500 € |



Valsts izglītības
attīstības aģentūra

Par ceļa izdevumiem savā vai partneru valstī

! Ja tiek pieprasīti ceļa izdevumi savā vai partneru valstī, projekta pieteikumā vēlams ietvert pamatojumu un attāluma aprēķinu, ar attiecīgām norādēm-hipersaitēm (piem., google maps). ;

<https://rb.gy/wr95b>

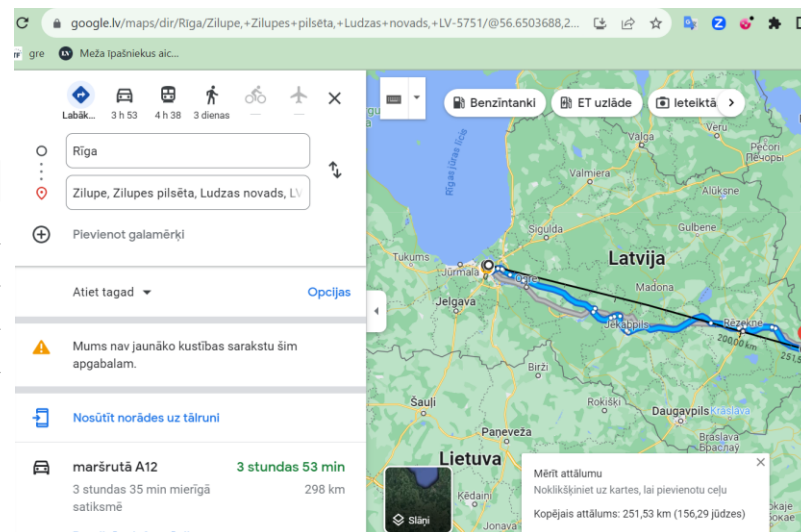
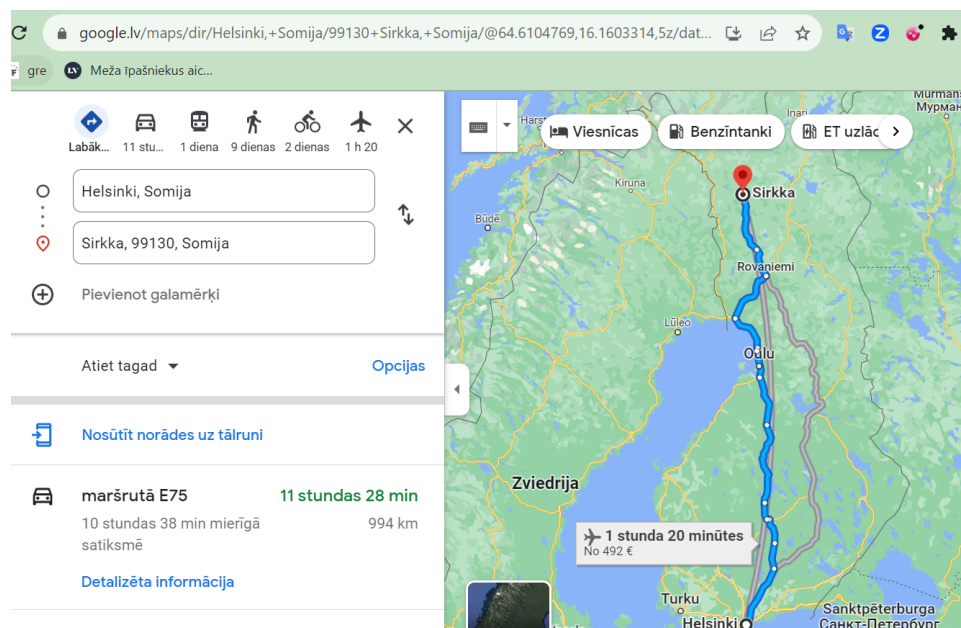
<https://rb.gy/gcuv3>

Hipersaišu saīsināšanai izmantojot, piemēram, <https://free-url-shortener.rb.gy/>

Travel unit cost (per participant, round-trip)

| | |
|--|---------|
| To and from Greenland | 1.300 € |
| To and from the Faroe Islands and Iceland | 660 € |
| Between Denmark, Estonia, Finland, Latvia, Lithuania, Norway, Sweden and Åland | 330 € |
| *Domestic, more than 500 km (both ways) | 175 € |

* The unit cost for domestic travel is an addition to the unit costs for transnational travel. Grants for domestic travel can be applied for in the home country when the distance between the participant's hometown and the airport, train or bus station of departure is more than 250 km. Domestic travel can also be applied for in the host country when the distance between the airport, train or bus station of arrival and the hometown of the hosting organisation is more than 250 km.





Valsts izglītības
attīstības aģentūra

Projekta budžets – Excel veidlapa

Extraordinary project support, if justified:

| Please name the project or network activities applied for that need extraordinary costs ⁵ | Please explain the extraordinary costs (must be justified in the Espresso application form) | The Amount applied for € |
|--|---|--------------------------|
| Fee for preparing the manual | 2 experts involved | 2000 |

Ja plānojam samaksu par darbu.
Samaksai jābūt saistītai ar projekta
produktu izstrādi, nevis projekta
vadību/administrēšanu

Inclusion Support

| Inclusion Support ⁶ | Please explain the need for Inclusion Support | The Amount applied for € |
|--------------------------------|---|--------------------------|
| | | |

Varam paredzēt papildus finansējumu
dalībniekiem ar īpašām vajadzībām (to
var arī lūgt papildus jau projekta
īstenošanas laikā).



Nordplus



Bankas rekvizīti

The following bank information regards the coordinating institution. **Observe that Nordplus does not transfer funds to private accounts**

at **Bank name: ***

Bank account holder: *

Address bank account holder: *

IBAN: *

BIC-code/SWIFT-address: *

VAT-number OR Organisation number *

Every organisation in the EU has a VAT number (Value added tax number). If coordinating institution is from Norway, Iceland or Faroe Island you may use organisation number which is equivalent to VAT. Nordplus needs this number in order identify that a certain organisation is really the owner of a certain bank account.

Your reference:

To identify the grant within your own organisation, you should state a reference relevant to your organisation. If unsure, check with your economy department. The maximum is 35 characters.

- ✓ Ja projektu atbalstīs, grantu pārskaitīs uz šo kontu
- ✓ Konts var būt jebkurā bankā

- ✓ Organizācijas iekšējais identifikators (ja tādu izmanto finanšu vadības sistēma)



Nordplus



Valsts izglītības
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Obligāti
jāpievieno Excel
budžets un
parakstītas visu
partneru un
koordinatora
apliecinājuma
vēstules!

.... 6.2. Attachment

Please attach a filled out grant scheme to be downloaded here: [Nordplus Adult grant template](#)

The information on the total applied grant provided in the template is also to be manually inserted in the column above.

Signed Letter of Intent (LOIs) from all participant institutions must be uploaded here.

Attachment

Choose a file to upload

Current files on document:

No attachments

 Upload



Valsts izglītības
attīstības aģentūra

✓ Pirms iesniegšanas
jāpārbauda un
jāatzīmē, vai ir
pievienoti visi
pielikumi,
atgādinājums par
maks. projektu
skaitu.

✓ Espresso sistēma
nepieļauj iesniegt
daļēji aizpildītu
pieteikumu.

Nordplus Adult - Application 2026
NPAD-2026/10201 - Linards_Test_application2026

1.Start 2.Institutions 3.General info 4.Project description 6.Budget 7. Check list 8.Submit

Confirmation and check list

... 7.1. Nordplus General Data Protection Regulation

Nordplus applicants have to accept Nordplus Data Protection Policy before they send in their application.
[Nordplus Data Protection Regulation can be seen here](#)

☒ I confirm that I have read and accept the Nordplus General Data Protection Regulation *

... 7.2. Check list

Before you submit your application, confirm that all in the check list is OK.

NOTE! Letter of Intent must be enclosed from all participating institutions, both coordinating institution and registered partner institutions. Applications that are missing Letter of Intent will not be assessed

☒ There are at least two institutions from two different "Nordplus" countries in the project registered in the application *

☒ Enclosed Letter of Intent from all participants (coordinator and partners) *

Cancel

Nordplus Adult - Application 2026
NPAD-2026/10201 - Linards_Test_application2026

1.Start 2.Institutions 3.General info 4.Project description 6.Budget 7. Check list 8.Submit

The field "Institution" in "2.1.1. Coordinating institution" is required. Please complete.
The field "E-mail" in "2.1.3. Legal representative" is required. Please complete.
The field "First name" in "2.1.3. Legal representative" is required. Please complete.
The field "Last name" in "2.1.3. Legal representative" is required. Please complete.
The field "E-mail" in "2.1.4. Contact person" is required. Please complete.
The field "First name" in "2.1.4. Contact person" is required. Please complete.
The field "Last name" in "2.1.4. Contact person" is required. Please complete.
The field "Phone number" in "2.1.4. Contact person" is required. Please complete.
The field "Choose type of project:" in "3.1. Type of project" is required. Please complete.
The field "Give a short summary of the project (250 words max)" in "3.2 Summary" is required. Please complete.
The field "Choose one theme" in "3.3. Project theme" is required. Please complete.
The field "Project period" in "3.4. Other information" is required. Please complete.
The field "Which of the following sectors for adult learning does your project aim at?" in "3.4. Other information" is required. Please complete.
The field "Which of the following orientations within adult learning does your project involve?" in "3.4. Other information" is required. Please complete.
The field "Previous Nordplus activities?" in "3.5. Earlier/other Nordplus project" is required. Please complete.
The field "Nordplus applications in this round" in "3.5. Earlier/other Nordplus project" is required. Please complete.
The field "Project aim" in "4.1 Aim and content" is required. Please complete.
The field "Background" in "4.1 Aim and content" is required. Please complete.
The field "Nordic/Baltic added value" in "4.1 Aim and content" is required. Please complete.
The field "Activities" in "4.1 Aim and content" is required. Please complete.
The field "Organisation" in "4.2 Organisation" is required. Please complete.
The field "Collaboration" in "4.2 Organisation" is required. Please complete.
The field "Anchoring" in "4.2 Organisation" is required. Please complete.
The field "Results" in "4.3. Dissemination" is required. Please complete.
The field "Dissemination" in "4.3. Dissemination" is required. Please complete.
The field "Evaluation" in "4.3. Dissemination" is required. Please complete.
The field "Bank name" in "6.3. Bank information" is required. Please complete.
The field "Bank account holder" in "6.3. Bank information" is required. Please complete.
The field "Address bank account holder" in "6.3. Bank information" is required. Please complete.
The field "IBAN" in "6.3. Bank information" is required. Please complete.
The field "BIC-code/SWIFT-address" in "6.3. Bank information" is required. Please complete.
The field "VAT-number OR Organisation number" in "6.3. Bank information" is required. Please complete.



Nordplus

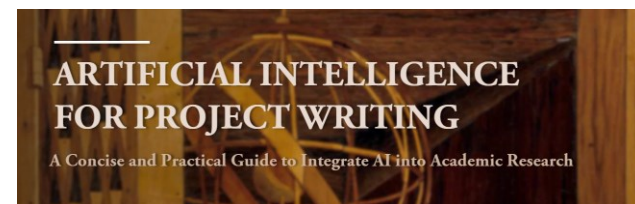


Valsts izglītības
attīstības aģentūra

Par AI izmantošanu projekta pieteikuma gatavošanā



- ✓ Nordplus programma **neierobežo** AI izmantošanu projektu sagatavošanā.
- ✓ Taču projektu sagatavotāji tiek aicināti **izmantot AI kā palīg līdzekli**, ģenerēto tekstu izmantot **kritiski un radoši**, atbilstoši konkrētā projekta saturam un partneru uzdevumiem.





Valsts izglītības
attīstības aģentūra

Kā tiek vērtēts projekta pieteikums?

| Relevance | | Range |
|--|---|-------|
| 1 | The application is within the regulations and main objectives of Nordplus. | |
| 2 | The application has a good cross-sectoral dimension, both regarding to participating institutions and content. | |
| Total points Relevance | | 0-5 |
| Project objectives and content | | |
| 3 | The aims of the project and the approach chosen to achieve them are clear and realistic | |
| 4 | The planned activities are relevant for the project in question and cover the whole project period | |
| 5 | Budget is well described and realistic | |
| Total points Project objectives and content | | 0-5 |



Valsts izglītības
attīstības aģentūra

Kā tiek vērtēts projekta pieteikums?

| Organisation and implementation capacity | | |
|--|---|--------|
| 6 | There is a clear and realistic overall plan for implementing the project | |
| 7 | There is an appropriate balance between the roles and tasks of the different participants in terms of their involvement in the activities to be carried out | |
| 8 | Measures have been planned to ensure effective communication and cooperation between the participating institutions | |
| 9 | The expected impact and benefits of the project on participating institutions and individual participants are clear and well defined | |
| Total points Organisation and implementation capacity | | 0-5 |
| Dissemination | | |
| 10 | There are descriptions of expected results on different levels | |
| 11 | There is a plan for spreading positive results from the cooperation through websites or publications through appropriate channels, to whom and why | |
| 12 | There is a common project website (can be part of partner institution website) | |
| 13 | There are plans for how to exploit the results among the participating institutions on a long-term basis | |
| Total points Dissemination and utilisation of results | | 0-5 |
| Total number of points | | Max 20 |



Valsts izglītības
attīstības aģentūra

Jautājumu vai tehnisku sarežģījumu gadījumā lūdzu nekavējoties sazināties

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